



Commonwealth of Virginia



FAQS – COVA SCREENINGS

1. When will the screening take place?

Screenings will be completed through the health screening company WellAdvantage and will start on August 1, 2013 and continue through October 31, 2013.

2. What's included in the biometric screening?

Height	Weight	Blood Pressure
Waist Circumference	Total Cholesterol	Triglycerides
HDL	LDL	Glucose

If you are submitting a physician form or getting your screening done at LabCorp, you must complete at least five of the measurements to be eligible for the premium reward.

3. Who is eligible to participate in a biometric screening?

All employees and non-Medicare retiree group participants who are enrolled in COVA Care, COVA HDHP or COVA HealthAware health plan, their spouses and adult dependents are eligible for the screenings.

4. How do I sign up?

Three options are available to get your biometric screening.

Beginning July 8, you can make an appointment or print a requisition form by visiting www.myActiveHealth.com/COVA and clicking on the link in the Welcome Message for biometric screening information.

Choose one of the following:

- 1. Participate in an on-site agency screening.** held at more than 200 agency locations across the state. There will be a drop-down list of available agency locations from which you may choose.
- 2. Visit a LabCorp Patient Service Center.** Print out the requisition form, and take it with you when you have your screening done. You will only get the free screening if this form is presented to LabCorp at the time of the screening.
- 3. Submit a Physician Form.** Download a physician form that's pre-populated with your information. It can be completed by your physician if you had a biometric screening done on or after April 1, 2013. If you are unable to visit your physician you may submit a completed form without your physician's signature with one of the verifiable biometric/health screening results listed below with at least five of the nine measurements:
 - Copy of lab results sheet from lab tests, or
 - Copy of physician report with lab results report

If you do not have access to the Internet or need assistance, please contact 866-938-0349.

5. Will I have to pay anything?

LabCorp Screenings and On-site screenings are free to eligible participants. Contact your physician to determine if there is a fee for submitting a Physician Form.



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6. How do I find the screening schedule?

Log on to your account at www.myActiveHealth.com/COVA and click on the link in the Welcome Message for biometric screening information. Select On-Site Screenings and you will be able to select a site and see the appointments available.

7. How many times can I get my screening done?

Screenings may be completed one time via on-site, OR physician form OR LabCorp.

8. Do I have to schedule an appointment at an On-site location?

There will be a limited number of walk-in appointments available on a first-come, first-served basis. Be sure to schedule an appointment at www.MyActiveHealth.com/COVA in order to be sure you can participate.

9. What if I cannot make it to my screening appointment?

You may cancel your appointment by logging on to www.myActiveHealth.com/COVA, selecting the health screening link and canceling or rescheduling your appointment.

10. If I do not have a computer and cannot access the Internet, how do I participate?

For any questions regarding the screenings please call 866-938-0349. If at all possible you should access the health screening registration, LabCorp appointments and Physician Forms through www.myActiveHealth.com/COVA. If you cannot access the Internet, the ActiveHealth information line can connect you to help you make your appointment or access a form.

11. What if no appointments are available at the screening location and time I would like?

You may select another location and time (some locations are restricted and this will be noted on the schedule) or you may choose to complete your screening at a LabCorp location or submit a physician form. Additional screenings or screening hours may be extended depending on the demand.

12. How will I know what my screening results are?

All individual screening results will be posted on the www.myActiveHealth.com/COVA screening portal shortly after your screening takes place. You will receive a copy of your results from the on-site screening to take with you.

13. Will the results from my Physician Form be posted on my personal dashboard at MyActiveHealth.com/COVA?

Due to federal HIPAA privacy laws your information will only be posted if you sign the Physician Form to release the information. You will receive the premium reward only if you agree to have your results sent to ActiveHealth Management.